



# Pantry Category Checklist

A helpful tool from your friendly organization and decluttering specialist

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BREAKFAST	SNACKS	BAKING
<ul style="list-style-type: none"> <li>• CEREALS</li> <li>• BREADS</li> <li>• PANCAKE/WAFFLE MIX</li> <li>• SPREADS (P.BUTTER, HONEY, JAM ETC.)</li> </ul> <p><b>LOCATION: (A)</b> PRIME LOCATION, EASY TO REACH, CEREALS MAY NEED TO BE ON LOWER SHELF FOR KIDS TO REACH.</p>	<ul style="list-style-type: none"> <li>• CHIPS</li> <li>• CRACKERS</li> <li>• NUTS</li> <li>• COOKIES</li> <li>• DRIED FRUIT</li> <li>• PRETZELS</li> </ul> <p><b>LOCATION: (A) OR (B)</b> EASY TO REACH BUT NOT NECESSARILY A PRIME LOCATION.</p>	<ul style="list-style-type: none"> <li>• FLOURS</li> <li>• SUGARS</li> <li>• COCOA POWDER</li> <li>• CHOCOLATE CHIPS</li> <li>• BAKING POWDER &amp; SODA</li> <li>• VANILLA &amp; OTHER FLAVOURINGS</li> <li>• SPRINKLES &amp; DECORATIONS</li> <li>• BAKING MIXES</li> </ul> <p><b>LOCATION: (B) OR (C)</b> DEPENDING ON HOW OFTEN YOU BAKE.</p>
MEALS	DRINKS	HEALTH PRODUCTS
<ul style="list-style-type: none"> <li>• CANNED GOODS</li> <li>• PASTA</li> <li>• GRAINS</li> <li>• OILS &amp; VINEGARS</li> <li>• SAUCES</li> <li>• PANTRY VEGGIES (ONIONS, POTATOES ETC)</li> </ul> <p><b>LOCATION: (A)</b> PRIME SPOT, FRONT AND CENTER, EYE LEVEL, EASY TO GRAB</p>	<ul style="list-style-type: none"> <li>• COFFEE</li> <li>• TEA</li> <li>• HOT &amp; COLD DRINK MIXES</li> <li>• BOTTLED &amp; CANNED DRINKS</li> <li>• DRINK IN TETRA PACKS</li> </ul> <p><b>LOCATION: (A) OR (B)</b> EASY TO REACH, PROBABLY CLOSE TO BREAKFAST ITEMS</p>	<ul style="list-style-type: none"> <li>• PROTEIN POWDER</li> <li>• PROTEIN BARS</li> <li>• SUPPLEMENTS</li> <li>• VITAMINS</li> <li>• SUPPLEMENTS</li> <li>• SMOOTHIE ADD-INS (FLAX, CHIA ETC.)</li> </ul> <p><b>LOCATION: (A) OR (B)</b> EASY REACH IF USED DAILY. MAY WANT TO INCLUDE WITH BREAKFAST ITEMS.</p>
SPICES	TREATS	BACKSTOCK
<ul style="list-style-type: none"> <li>• SPICE MIXES</li> <li>• SEASONING PACKETS</li> <li>• DIP MIXES</li> <li>• SAUCE MIXES</li> <li>• SPICES</li> </ul> <p><b>LOCATION: (A) OR (B)</b> CLOSE TO MEAL ITEMS OR IN A DIFFERENT LOCATION LIKE A DRAWER OR CABINET CLOSE TO YOUR RANGE</p>	<ul style="list-style-type: none"> <li>• CHOCOLATE</li> <li>• CANDY</li> <li>• ANY FOODS THAT YOU DONT WANT FRONT AND CENTER</li> </ul> <p><b>LOCATION: (C) OR (D)</b> MANY PEOPLE WANT THESE OUT OF THE WAY AND MORE DIFFICULT TO REACH FOR.</p>	<ul style="list-style-type: none"> <li>• DOUBLES OF ANY FOOD ITEM</li> <li>• REMAINDERS OF PACKAGES THAT WOULDN'T FIT IN DECANTERS</li> </ul> <p><b>LOCATION: (D)</b> BACK BOTTOM OF PANTRY. THIS CATEGORY SHOULD BE IN THE LEAST ACCESSABLE SPOT.</p>
KIDS SNACKS (OPTIONAL)	NON-FOOD ITEMS	LOCATION GUIDE
<ul style="list-style-type: none"> <li>• GRAB AND GO TYPE SNACKS</li> <li>• GRANOLA BARS</li> <li>• POUCHES (APPLE SAUCE ETC.)</li> <li>• INDIVIDUALLY WRAPPED SNACKS</li> </ul> <p><b>LOCATION: (A) OR (C)</b>HIGHER UP IF YOU HAVE YOUNGER KIDS THAT YOU DO NOT WANT TO HELP THEMSELVES. LOWER DOWN IF YOU HAVE SCHOOL AGED KIDS SO THEY CAN REACH AND HELP PACK LUNCHES.</p>	<ul style="list-style-type: none"> <li>• SMALL APPLIANCES</li> <li>• HOBBY SUPPLIES</li> <li>• (CANNING TOOLS, BAKING ACCESSORIES ETC.)</li> </ul> <p><b>LOCATION: (C) OR (D)</b> DEPENDING ON USE. TOP SHELF OF PANTRY OR LOWER DOWN IF ITEMS ARE HEAVY. SHOULD NOT BE IN A PRIME SPOT.</p>	<ul style="list-style-type: none"> <li>• <b>(A)</b> - PRIME LOCATION, FRONT AND CENTER, IN YOUR EYELINE, EASIEST TO ACCESS.</li> <li>• <b>(B)</b> - EASY TO ACCESS, SHELVES ABOVE AND BELOW THE MIDDLE SHELF.</li> <li>• <b>(C)</b> - CORNER SHELF, TOP SHELF THAT YOU CAN JUST REACH WITHOUT A STOOL.</li> <li>• <b>(D)</b> - MOST DIFFICULT TO ACCESS, BOTTOM BACK, TOP BACK, NEED A STOOL TO GET TO.</li> </ul>

